

## **March Southeast Voice**

### **Ottewell Has A Website!**

Remember to check for information on the new site [www.ottewell.org](http://www.ottewell.org) ~ we are continuing with the site's development, and welcome your input and feedback. This is a great place to check for information on what's new in our community, events, find contacts and links, and view past editions of the Southeast Voice.

### **Join Us for an Adult Social at the Hall**

We're planning an adult social for the evening of May 29<sup>th</sup> 2010 at the Ottewell Hall. We'll have live music and a cash bar. Tickets are \$5 per person at the door. Let's get together as a community and socialize with our friends and neighbours!

### **Ottewell Community League Playschool**

Are you looking for an entertaining and educational activity for your child /children? Register them in the Ottewell Community League Playschool!! Our parent cooperative playschool runs Tuesday and Thursday mornings from September to June. Early registration guarantees your child won't miss out! Come meet our teacher and learn about our parent co-operative, learn-through-play program for 3 and 4 year olds. Parents & Children are welcome to come to a registration /open house in our classroom on:

**Tuesday April 27th, from 6:30pm - 8:00 pm at Braemar School 9359-67A St.**

For more information please call Jason at 780-488-6341.

### **Pilates on the Ball**

A unique and exciting body conditioning class using an exercise ball called the Swiss Ball. Pilates on the ball is primarily concerned with aligning the body, isolating and training deep postural muscles, and building torso strength without injuring or harming the body; a class suitable for all fitness levels. Join us Friday mornings from 9:15 to 10:30 to improve your strength, tone and posture.

Please call Kelly at (780) 465 5611 for more information.

### **Hatha Yoga**

Classes are Tuesday and Thursday mornings from 9:00 -10:30 at the Ottewell Hall. Drop- ins are welcome, or sign up for one or more of the 5 week/10 lesson sessions, being offered March 02 – April 01 and April 20 - May 20. Cost is \$12 per class. Tine is also offering two compressed sessions of yoga at her house to help you refresh yourself for spring ~ call her for more details! For info call Tine at (780) 490 5870.

### **Scrapbooking at the Hall**

The 3<sup>rd</sup> Tuesday of every month is drop in scrapbooking at the Ottewell Hall. We have lots of scrapbooking tools for you to use while you are here! This is a great opportunity to make a few memories and spend some time with others who enjoy the craft. Sessions are free for Ottewell community league members, and a \$5 fee is charged for non-members. Please bring your Ottewell membership card with you. For more information call Jodi at (780) 465 5896.

### **Crib Anyone?**

An interest has been expressed in having a crib night at the hall. We'd like to invite anyone interested in playing to come out on the 3rd Tuesday of the month to play, from 7-9 pm. This is a Drop in event at this time, and the hall will be shared with the Scrapbooking group, but we're sure there'll be room for all!

Bring your board and your cards and take up the challenge. For more info call Kay (780) 466 0055.